



वीरांगना रानी अवंतीबाई लोधी राजकीय महिला महाविद्यालय, बरेली

BEST PRACTICE-2

1. Title of the Practice: *Swachh Bharat Summer Internship (SBSI)*

2. The Context that Required the Initiation of the Practice (100-120 words):

Our honourable Prime Minister, on 2nd October 2014, beckoned each individual to devote time to Swachhata through the year. To his clarion call the youth across the country responded enthusiastically and dedicated themselves to the Swachh Bharat Summer Internship 2019. Hence, the Ministry of Jal Shakti, in association with the Ministry of Youth Affairs and Sports, and HQ NCC launched the Swachh Bharat Summer Internship 2019 – 50 Hours of Swachhata. The initiative proved to be an opportunity to the youth associated with programmes and schemes like NSS, NYKS and NCC for the expansion of their skills and orientation for sanitation related work. In lieu with this the NSS volunteers of the college under the direction of the NSS Officers dedicated 50 hours of swachhata in the Jagatpur basti of Bareilly city.

3. Objective of the Practice (50-60 words):

The objective of this practice was to enhance the skills and orientation of the young volunteers for sanitation-related work and encourage them to be a part of the Swachh Bharat *Jan Andolan*. The programme aims to engage youth across the country, develop their skills and orientation for Solid Waste Management (SWM), and sustain the momentum of the Swachh Bharat jan andolan. All interns were encouraged to share their internship journey through various means.

4. The Practice (250-300 words):

Treading the guidelines of the Ministry of Youth Affairs and Sports the NSS volunteers of the college chose Jagatpur Bssti of Bareilly City as the area for their service. In the Saraswati Vidya Mandir of Jagatpur Basti 50 hours of cleanliness programme was run for fifteen days. During this period the volunteers ran cleanliness drive enthusiastically. With the cooperation of Municipal Board and District Administration Bareilly the volunteers strove to get the piles

of waste and garbage cleaned in the basti. In order to sustain the cleanliness drive they managed to activate the daily garbage picking system and made arrangement for big dustbins on the roads. For raising awareness for cleanliness and regular garbage disposal rallies and enlightening programmes were also organised in the basti. With the help of the local member of the municipal board plantation programme was also launched. Volunteers painted the tin unused tin boxes in green and blue colours and enlightened the inhabitants to dispose off the dry and wet waste separately. The inhabitants were also edified about the hazards of plastic and organic waste management. The entire practice was conducted in such a way as could prepare the local inhabitants for continuing the cleanliness habits and the local Sabhasad was requested to monitor the garbage management system regularly.

5. Obstacles Faced if any and the Strategies to Overcome Them (150-200 words):

No work of social changes can be accomplished without facing some obstacles. It was difficult to win the confidence of the local inhabitants who, initially, seemed to be biased regarding the activities conducted by the volunteers. Most of them had the opinion that this drive must be for some personal benefit. However, the volunteers, under the guidance and support of their Programme Officers, managed to overcome the obstacles, step by step. First, they sought the help of local member for contacting and motivating the inhabitants. The heaps of garbage on the roads were a great challenge. The volunteers planned to get these heaps cleaned first with the help of local authorities to ensure the people about their sincere efforts. They sought the support of the local authorities which was itself a difficult task as they are excessively busy in their other programmes. But once convinced, they extended all possible help.

6. Impact of the Practice (100-120 words):

Our society benefitted with the Swachh Bharat Internship in two distinct ways; on one hand this practice enhanced the sanitation management skills of the volunteers on the other hand it improved the sanitary conditions of the adopted area. The volunteers also developed a vision for hygiene and sanitation maintenance in the community. They discussed about ways and methods to manage waste of various kinds. Above all, this practice prepared our youth for future challenges and motivated them to find out all possible solutions to the challenging situations. The volunteers were encouraged by the NSS authorities and our two NSS units were respectively awarded with the First and Second prize.

7. Resources Required:

To carry out the summer internship for cleanliness the resources were to be arranged from local municipal and other authorities. Our volunteers had already volunteered as the required human resource for the practice.

8. About the Institution

i. Name of the Institution: V.R.A.L. Rajkiya Mahila Mahavidyalaya, Bareilly

ii. Year of Accreditation: 2016

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